

## **General Information**

**Arrival:** Camp will open at 6 PM. Please park in the gravel parking area. **No participant vehicles are allowed past the gate.** PLEASE EAT BEFORE YOU ARRIVE AND BRING YOUR COMPLETED MEDICAL FORM A & B AND THE ATTACHED HEALTH AND SAFETY FORM. (MED FORM A&B ARE FOUND AT: <https://www.scouting.org/health-and-safety/ahmr/> )

**Camping location:** We will be camping in the “Grand Canyon” and “Taft, Stettinius and Hollister” campsites. After arrival, you will be divided up into small groups called "Patrols". Each patrol will camp at a separate site. I have attached a map of Camp Craig for your reference. If you are unfamiliar with Camp Craig it may be wise to have a copy of the map on your phone or a printed copy in your bag.

### **Program:**

Friday:

- You should set your tent up immediately and report to Berndsen Shelter no later than 7 PM. You should bring your flashlight, water bottle, camp cup, weather appropriate gear, writing utensil and paper as well as a camp chair to the shelter. A day pack will make moving these items around a lot easier.
- Cracker Barrel (snack) will be provided. We will leave the shelter no earlier than 10 PM.

Saturday:

- Report back to Berndsen Shelter with your mess kit, day pack and camp chair by 7 AM for breakfast. You will be assembling and cooking your own breakfast.
- Breakfast: Zip-Loc scrambled eggs cooked in boiling water, (optional onions, green peppers, ham, and cheese), in a flour tortilla (we use homogenized eggs), and fruit.
- Lunch will be at approximately 11:30 to 12:15 PM.
- Lunch: Trail Lunch including Cold Cult sandwiches, chips and a dessert

**NOTE: We will supply all food and cooking supplies. Food choices and meal arrangements may change without notice. For safety, please notify us of any food allergies, vegetarian preferences, or dietary restrictions as soon as possible.**

**Packing List:** This is a single overnight you will not need a large volume of gear but there are a few basics that Scouts take to every overnight. You should not pack more than you can carry by yourself for

at least 1 mile. You may refer to <https://boyslife.org/outdoors/outdoorarticles/6976/scout-outdoor-essentials-checklist/> for more information.

- Field uniform with temperature appropriate under/over clothes
- Jacket/raingear as weather dictates
- Tent
- Sleeping pad or cot as desired
- Sleeping bag (check weather for appropriate temperature)
- Toiletries (no showers will be available).
- Water bottle
- Camp cup (for coffee or tea)
- Compass or compass simulator phone app
- Durable shoes (hiking boots or shoes are best)
- Pocketknife
- First aid kit
- Mess kit
- Personal snacks/trail food, if desired.
- Day pack (small backpack or easily transportable bag)

**Departure:** We typically conclude around 5:30 PM. At this time, you can pack your tent and return your gear to your vehicles.

If you have any questions, please for free to reply to this email by clicking "Reply All" or you can call me at the cell phone below.

I look forward to seeing you all soon!

Yours in Scouting,

James Hepp

513-926-9926

WHH District Training Chair